

Vermont State Diabetes Prevention and Control Program Status Report April, 2012

Diabetes Program Goals

A comprehensive statewide surveillance system will monitor Vermonters with diabetes to:

1. identify trends in treatment and health outcomes
2. insure that Vermonters with diabetes adhere to recommended standards of care and
3. insure that Vermonters with diabetes engage in appropriate diabetes self-management with support from their families and caregivers

1. Diabetes Care from Health Care Professionals

	Baseline (2006)	Current (2010)	Goal
Increase the percentage of Vermont adults with diabetes who have at least two (2) A1Cs performed in the past 12 months	68%	78%	80%
Increase the percentage of Vermont adults with diabetes who have their feet examined by a health care professional at least one time in the past 12 months	78%	82%	85%
Increase the percentage of Vermont adults with diabetes who have had at least one dilated eye examination in the past 12 months	76%	69%	81%
Increase the percentage of Vermont adults with diabetes who have had an influenza vaccination in the past 12 months	66%	72%	80%
Increase the percentage of Vermont adults with diabetes who have had a pneumococcal immunization in the past 12 months	66%	71%	75%
Increase the percentage of Vermont adults with diabetes who have controlled blood pressure	-	-	-
Increase the percentage of Vermont adults with diabetes who have A1Cs less than 7%	-	-	-

2. Diabetes Self Management

	Baseline (2006)	Current (2010)	Goal
Increase the percentage of Vermont adults with diabetes who have taken a diabetes education class in their lifetime	52%	53%	60%
Increase the percentage of Vermont adults with diabetes who self-monitor their blood glucose at least three times a week	72%	70%	80%
Increase the percentage of Vermont adults with diabetes who say their general health is "good" or better	61%	62%	70%
Increase the number per year of Vermonters with diabetes who take a Stanford Self-management Workshops	57	264 (2011)	300
Conduct Stanford Diabetes Self-Management Programs in every Hospital Service Area in Vermont	3 (2010)	6 (2011)	13

3. Health Care System

	Baseline (2006)	Current (2009)	Goal
Decrease hospitalizations for uncontrolled diabetes among adults age 18-64 (rate per 10,000)	3.4	4.7	3.0
Decrease hospitalizations for diabetes-related conditions (rate per 10,000)	138	133	124
Decrease hospitalizations for myocardial infarction among Vermonters with diabetes (rate per 10,000)	10.8	10.0	9.5
Decrease the number of lower extremity amputations among Vermonters with Diabetes	199	200	180
Decrease the percentage of Vermont births to women with gestational diabetes	3.7%	4.4%	3.0%

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